Koele Palau (Sweet Potato Pudding)

3 pounds sweet potato
2 cans (12 ounces each) frozen coconut milk, thawed
Shredded coconut (optional)

Place potatoes in a large saucepan; cover with water. Bring to a boil, lower heat and cook until tender, about 30 to 40 minutes.
Peel and mash potatoes. Stir in coconut milk.
Serve warm or cold. Garnish with shredded coconut. Makes 8 servings.

Courtesy of Hawaiian Electric Co.